

2026 Apple Health Plans Value-Added Benefits Comparison Chart

Value-Added Benefits (VAB) offer additional supports not covered by Apple Health. VABs are offered to clients by their managed care plan, at no cost.

Some managed care plans offer virtual or in-person coordination support to help you access these and other benefits. Not all plans are available in all counties or for all Apple Health programs. Click the plan webpages under their names for a complete list of benefits offered by plan. Common VABs are found in the table below.



| Value-Added Benefits                                                                        | Coordinated Care                                                                                                                                                                                                                                                                                                                                                                              | Community Health Plan of Washington                                                                                                                                                                                                                                                                                                                                                                                            | Molina Healthcare of Washington                                                                                                                                                                                                                                                                     | UnitedHealthcare Community Plan                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Wellpoint Washington (previously Amerigroup)                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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| Webpage                                                                                     | <a href="https://coordinatedcarehealth.com/value-added-benefits">coordinatedcarehealth.com/value-added-benefits</a>                                                                                                                                                                                                                                                                           | <a href="https://chpw.org/chpw-benefits-plus">chpw.org/chpw-benefits-plus</a>                                                                                                                                                                                                                                                                                                                                                  | <a href="https://MolinaHealthcare.com/MemberWA">MolinaHealthcare.com/MemberWA</a>                                                                                                                                                                                                                   | <a href="https://UHCCP.com/wa/imc">UHCCP.com/wa/imc</a>                                                                                                                                                                                                                                                                                                                                                                                                                               | <a href="https://wellpoint.com/wa/medicaid/extras">wellpoint.com/wa/medicaid/extras</a>                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Food Security                                                                               | \$100/year in vouchers for fruits and vegetables                                                                                                                                                                                                                                                                                                                                              | One-on-one coaching from a registered dietitian, meal planning, grocery budgeting support, two weeks of free heathy meals after a hospital stay and 1,000+ low-cost healthy recipes offered in mobile app<br><br>Help accessing food banks and completing applications for food assistance                                                                                                                                     | Two free weeks of healthy meals after a hospital stay<br><br>Support from dietitians and health educators<br><br>Help with food vouchers and state benefits                                                                                                                                         | See Maternity Support VAB                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Free Costco Gold membership<br><br>See Maternity Support VAB                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Housing Support                                                                             | N/A                                                                                                                                                                                                                                                                                                                                                                                           | Help with housing applications and referrals for rental, moving support, and housing assistance programs                                                                                                                                                                                                                                                                                                                       | Help navigating housing assistance, applications, support, and more.                                                                                                                                                                                                                                | Help with referrals for housing, rentals, and moving                                                                                                                                                                                                                                                                                                                                                                                                                                  | N/A                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Transition Support for Jail/Detention                                                       | Grants to buy essential needs, such as food, clothing, and other items, to support successful transition                                                                                                                                                                                                                                                                                      | Support for a successful transition with location-based services when available                                                                                                                                                                                                                                                                                                                                                | Help navigating your health care and connecting you to food, clothing, housing, and other resources                                                                                                                                                                                                 | Essentials: Duffel bag containing clothing and other items<br><br>Help with health care and connections to food, housing, and other resources                                                                                                                                                                                                                                                                                                                                         | Free Laptop<br><br>\$100 for Internet/ technology<br><br>\$75 towards menstrual hygiene products                                                                                                                                                                                                                                                                                                                                                                                                               |
| Maternity Support                                                                           | Three-month supply of prenatal vitamins<br><br>Free car seat, stroller, or Pack and Play and help with cribs<br><br>Doula Care<br><br>Free manual or electric breast pump                                                                                                                                                                                                                     | Free prenatal vitamins<br><br>Healthy You, Healthy Baby program with specialized case managers to support pregnancy and post-partum related needs<br><br>Free manual or electric breast pump<br><br>Application help for state benefits and local resources<br><br>Access to prenatal and postpartum care educational content<br><br>Up to \$150 in gift cards to buy baby items for completing prenatal and postpartum visits | Free prenatal vitamins<br><br>Help accessing other state resources like the Women, Infants, and Children's (WIC) program<br><br>Free manual or electric breast pump<br><br>Virtual maternity care through Ouma Health.                                                                              | Free prenatal vitamins<br><br>Free car seat<br><br>Free manual or electric breast pump<br><br>Postpartum birthing individuals enrolled in maternity case management are eligible to receive two home-delivered meals per person per day for up to two weeks- for themselves and up to four family members<br><br>Babyscripts: Pregnancy support, health information, appointment reminders, and gift card rewards<br><br>Specialized case managers to support pregnancy-related needs | Two week meal delivery program for pregnant and new parents<br><br>10-week meal delivery for pregnant individuals with gestational diabetes<br><br>\$100 gift card to buy baby items<br><br>Free manual or electric breast pump<br><br>Free diapers for newborns up to 12 months<br><br>Two items from Baby on the Way catalog                                                                                                                                                                                 |
| Support with life transitions                                                               | Personalized care management (free necessities toiletries, shoes, and planners, and more)<br><br>LGBTQIA+ Care Navigators (gender affirming care navigation and support)                                                                                                                                                                                                                      | Life-skill education for youth 15-18 years old<br><br>Daily living skills coaching, education support, career development, vocational training, and job placement services<br><br>LGBTQIA+ Care Navigators (gender affirming care navigation and support)                                                                                                                                                                      | LGBTQIA+ Care Navigators (gender affirming care navigation and support)                                                                                                                                                                                                                             | Website for teens and young adults learning to live on their own- tips on housing, jobs, etc.<br><br>Goodwill Opportunity Accelerator® program: helps people obtain better jobs, learn new skills, and connect with employers                                                                                                                                                                                                                                                         | Free Life transition kit with dental and first aid kits, emergency blanket, and more<br><br>Wound kit for youth experiencing homelessness<br><br>Free Industry Certification for employment<br><br>Free GED/HiSET tests                                                                                                                                                                                                                                                                                        |
| Transportation                                                                              | N/A                                                                                                                                                                                                                                                                                                                                                                                           | Unlimited ride scheduling assistance to book free rides to medical appointments                                                                                                                                                                                                                                                                                                                                                | Help finding transportation and scheduling rides to and from medical appointments                                                                                                                                                                                                                   | Assistance scheduling free rides to medical appointments                                                                                                                                                                                                                                                                                                                                                                                                                              | \$50 ORCA if you live in King, Pierce, and Snohomish counties or \$50 gas card if you live outside of those counties or \$50 for Ferry for members who live on an island                                                                                                                                                                                                                                                                                                                                       |
| Fitness/Healthy Lifestyles (Gym Membership)                                                 | Weight management coaching<br><br>Post-bariatric surgery support and coaching, diabetes management                                                                                                                                                                                                                                                                                            | Personalized wellness support from experienced health coaches, nurses, and registered dietitians<br><br>Diabetes Care program for adults<br><br>3-Phase Bariatric Care Management<br><br>Tools for budget-friendly meal planning                                                                                                                                                                                               | Weight management coaching<br><br>Nutrition consultation with a registered dietitian including meal planning and guidance<br><br>Diabetes Prevention Program with free YMCA membership and educational classes                                                                                      | Self-care app with emotional health tools including meditations, breathing, exercises, videos, blogs and more<br><br>Bariatric surgery support and coaching                                                                                                                                                                                                                                                                                                                           | \$50 card for gym membership or select 2 items from exercise catalog<br><br>Online fitness resources<br><br>WW (formerly Weight Watcher®) voucher (covers sign-up fee and 13 weeks of online classes)                                                                                                                                                                                                                                                                                                          |
| Kids Activities/Clubs (4H, Boys and Girls Club for kids 6-18 years old)                     | Free Boys & Girls Club membership<br><br>Sports physicals<br><br>Healthy Kids Club                                                                                                                                                                                                                                                                                                            | Free Boys & Girls Club membership<br><br>Sports physicals                                                                                                                                                                                                                                                                                                                                                                      | Free Boys & Girls Club membership<br><br>Sports physicals<br><br>BeMe App: Mental Health Wellness App for teens 13-19 years old                                                                                                                                                                     | Free Boys & Girls Club membership<br><br>Sports physicals                                                                                                                                                                                                                                                                                                                                                                                                                             | Free Boys & Girls Club membership<br><br>Sports physicals<br><br>\$50 toward other youth clubs including Girl Scouts, Boy Scouts and more<br><br>4H membership<br><br>\$120 for swim lessons up to age 18<br><br>YMCA membership (Wenatchee and Longview only)<br><br>Meditation App for young people ages 13 to 18<br><br>\$200 gift card to use toward childcare services                                                                                                                                    |
| Hearing/Vision Benefit(s) For adults 21 and older                                           | \$100 toward eyeglasses or contacts                                                                                                                                                                                                                                                                                                                                                           | Free eyeglasses                                                                                                                                                                                                                                                                                                                                                                                                                | Free eyeglasses                                                                                                                                                                                                                                                                                     | \$100 toward eyeglasses                                                                                                                                                                                                                                                                                                                                                                                                                                                               | \$100 for eyeglasses                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Telehealth Resources                                                                        | Teledoc Mental Health offers tools to reduce anxiety, depression, and substance use<br><br>NeuroFlow app for behavioral health support<br><br>MD Live: 24/7 by phone or video for urgent care, behavioral health or dermatology care<br><br>BoulderCare: specialty telehealth provider for addiction treatment<br><br>Charlie Health: Intensive outpatient program for youth and young adults | 24/7 phone and video visits through CHPW Virtual Care app<br><br>Help learning to use technology for health care<br><br>Brightside: Personalized Online Mental Health support<br><br>BoulderCare: telehealth solution for members looking for addiction treatment<br><br>Charlie Health: Intensive outpatient program for youth                                                                                                | 24/7 virtual urgent care (Teladoc)<br><br>Pyx Health App: program offering companionship and resources to support your physical and mental health needs<br><br>Our network of behavioral health and recovery telehealth providers includes: Boulder Care, Bicycle Health, and Teladoc               | 24/7 Virtual care with UHC Doctor Chat<br><br>Hazel Health: talk to mental health providers from school or home (Bethel, Bremerton, Kent, Renton, Mount Adams, Richland and Riverview School Districts)<br><br>Eleanor Health: treatment for alcohol and substance use disorders, plus care coordination with physical health<br><br>BoulderCare<br><br>Charlie Health: Intensive Outpatient Program                                                                                  | Live Health Online<br><br>Online emotional wellbeing resources                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Rewards Programs (Up to \$200 per member per year)                                          | Earn up to \$200 by completing preventive screenings and services                                                                                                                                                                                                                                                                                                                             | Earn up to \$200 in gift cards with CHPW ChildrenFirst™ Rewards program and CHPW MemberFirst™ program by completing preventive screenings and services                                                                                                                                                                                                                                                                         | Earn up to \$200 by completing preventive screenings and services                                                                                                                                                                                                                                   | Earn up to \$200 by completing preventive screenings and services                                                                                                                                                                                                                                                                                                                                                                                                                     | Earn up to \$200 by completing preventive screenings and services                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Additional Services (Acupuncture, \$200 toward Circumcision with in-network provider, etc.) | Amazon Prime discount<br><br>Cell phone program with minutes, data, and unlimited text messages (free calls to Coordinated Care and 24/7 advice nurse line)<br><br>90-day Medication Fills: option to have prescriptions mailed to your home or filled at your pharmacy<br><br>Help to quit smoking<br><br>Online tool, findhelp, of community resources and services.                        | Amazon Prime discount<br><br>Combined 20 visits per year for pain and stress support including acupuncture, chiropractic, and massage therapy (open network, no referral needed or prior authorization)<br><br>\$200 toward Circumcision with in-network provider<br><br>90-day medication supply for most chronic conditions (mail order or local pharmacy)<br><br>Help to quit smoking<br><br>Prescription mail-order        | Amazon Prime discount<br><br>Wireless service with 4 GB of data, unlimited talk and text, internal calls to Mexico, Canada, China, South Korea, and Vietnam<br><br>90-day Medication Fills: option to have prescriptions mailed to your home or filled at your pharmacy<br><br>Help to quit smoking | Amazon Prime discount<br><br>Free phone service with 10 GB of data, and unlimited calls and texts<br><br>Walmart+ discount<br><br>90-day medication supply for most chronic conditions (mail order or local pharmacy)<br><br>Help to quit smoking                                                                                                                                                                                                                                     | Amazon Prime discount<br><br>7 acupuncture sessions<br><br>Free Industry Certification for employment<br><br>Free GED/HiSetTests<br><br>\$75 for menstruation products for members 18 or younger<br><br>Traditional healing benefits for American Indian/Alaska Native members (Including sweat lodge, smudging, storytelling, and circle sharing)<br><br>\$150 towards circumcisions with in-network provider<br><br>LightBox to combat depression or seasonal affective disorder<br><br>Help to quit smoking |

Access to these benefits is dependent on Apple Health eligibility. The products and services described in the chart above are not offered or guaranteed through Apple Health. Access to these benefits is not subject to the Apple Health appeals process. Any disputes regarding these products and services may be subject to the managed care plan’s grievance process.